

**2026 PRINCETON TRACK AND FIELD CAMP ITINERARY**  
**Sunday, June 28 - Wednesday, July 1**  
**Emergency Contact: (Primary) Reuben Jones - 434-981-2482**  
**(Secondary) Michelle Eisenreich 401-641-0685**

**SUNDAY 6/28/26**

- 12 Noon** Check in / Registration for Campers at Little Hall
- 2:00 PM** Camp Orientation in front of Little Hall  
Code of Conduct, Discipline, Emergency Procedures, Camper Grounds, Assigned Counselors  
Location of Counselors in Dormitory, Location of Health Director, Reporting of injuries or issues,  
Meal schedule, dining hall schedule, mandatory attendance at all sessions
- 4:20 PM** Practice Fire Drill
- 4:45 PM** Dinner in Yeh College
- 6:45 PM** *Event-Specific Activities*
- 8:45 PM** Day Camper Pick-Up from Caldwell Circle  
Overnight Campers walk to dorms
- 10:30 PM** In Dorm Room; Lights Out

**MONDAY 6/29/26**

- 7:00 - 8:30 AM** Breakfast in Yeh College
- 9:00 AM** Meet in front of Little Hall  
Walk to Weaver/Jadwin
- 9:15 AM** *Event-specific Activities*
- 11:45 PM** Lunch in Yeh College
- 1:45 PM** Swim in Denunzio Pool
- 2:45 PM** end of swim time; change clothes
- 3:30 PM** *Q&A with Student-Athletes in Frick Chemistry Auditorium*
- 4:45 PM** Dinner in Yeh College
- 6:45 PM** *Event-specific Activities*
- 8:30 PM** Day Camper Parent Pick-Up from Caldwell Circle  
Overnight Campers return to dorm
- 10:30 PM** Lights Out

**TUESDAY 6/30/26**

- 7:00 - 8:30 AM** Breakfast in Yeh College
- 9:00 AM** Meet in front Little Hall  
Walk to Weaver/Jadwin
- 9:15 AM** *Event-specific Activities*
- 11:45 AM** Lunch in Yeh College
- 1:30 PM** *Strength Training Presentation with Rich Fasbender (McDonnell Hall)*
- 2:30 PM** Choose Groups / Work on Team Skits (McDonnell Hall)
- 4:45 PM** Dinner
- 6:45 PM** *Event-specific Activities*
- 8:30 PM** Day Camper Parent Pick-Up from Caldwell Circle  
Overnight Campers return to dorm
- 10:30 PM** Lights Out

**WEDNESDAY 7/1/26 - END OF 4-DAY CAMP**

- 7:00 - 8:30 AM** Breakfast in Yeh College
- 9:00 AM** *Camp Track Meet at Weaver Stadium*
- 1:00 PM** Check Out of Track & Field Camp at Little Hall