

2026 TIGER ELITE CAMP 1

DAY 1 - Saturday, JUNE 27th

<u>Time</u>	<u>Description</u>	<u>Location</u>
8:30 – 9:30am	OVERNIGHT CAMPER CHECK-IN & REGISTRATION	1903/CUYLER
9:30am	DAY CAMPER CHECK-IN & REGISTRATION Hand out Pinnies & take attendance Gym duty - music/mingle	JADWIN GYM LOBBY JADWIN GYM
10:00am	ALL CAMPERS REPORT TO JADWIN	
10:00 – 10:15am	WELCOME/CAMP INTRO	MAIN COURT
10:15am - 10:25am	DYNAMIC WARMUP WITH PRINCETON PLAYERS	MAIN COURT
10:25am – 11:15am	OFFENSIVE SKILL STATIONS - Daily Vitamins	MAIN/SIDE COURTS
11:20am - 11:40am	1V1 DEMO & TOURNAMENT	MAIN/SIDE COURTS
11:40am -12:10pm	Evaluation 4v4 Game	CHECK SCHEDULE
12:15 – 1:15pm	LUNCH	YEH
1:20pm	ATTENDANCE IN JADWIN.	JADWIN GYM
1:25 pm - 1:40pm	OFFENSIVE 3v0 LECTURE & DEMO	MAIN COURT
1:40pm - 2:20pm	STRETCH & OFFENSIVE STATIONS	CHECK STATIONS
2:20pm - 2:30pm	3V3 TOURNAMENT INTRO & DEMO (whole camp together)	MAIN COURT
2:30pm – 2:45pm	3V3 TOURNAMENT ROUND 1 – QUEEN OF THE COURT <i>Report scores to Jordan</i>	MAIN/SIDE COURTS
2:45pm - 2:50pm	WATER BREAK	
2:50pm - 3:20pm	PRACTICE LIKE A TIGER - DEFENSIVE STATIONS	MAIN/SIDE COURTS
3:30pm - 4:05pm	Game #2 (15-minute halves)	CHECK SCHEDULE
4:05pm - 4:25pm	Team room / PVC weight room/ Facilities tour - WNBA West Teams Shooting Demo / Drill - WNBA East Teams	
4:25pm - 4:45pm	Swap facility tour and shooting demo	
4:45pm - 5:15pm	CAMPUS TOUR*** (Led by Players) WHOLE CAMP	
5:15pm - 6:15pm	DINNER	YEH
6:20pm - 6:45pm	HIGHLIGHT VIDEO / Q&A WITH TIGERS	FOOTBALL FILM ROOM
6:50pm-7:05pm	FUN SHOOTING COMP	MAIN/SIDE COURTS
7:10pm-7:30pm	QUEEN OF THE COURT - In 3v3 teams	MAIN/SIDE COURTS
7:35pm	ANNOUNCEMENTS & DISMISSAL FOR DAY CAMPERS - Day Campers checkout in lobby with - Overnight campers return to dorms with staff	JADWIN LOBBY
7:45pm 10:00pm	WAWA RUN - on walk back to dorms LIGHTS OUT - ROOM/NOISE CHECKS	

2026 TIGER ELITE CAMP 1

DAY 2 - Sunday, June 28th

<u>Time</u>	<u>Description</u>	<u>Location</u>
7:15am	WAKE UP	
7:45am	HEAD TO BREAKFAST	
8:00-8:45am	BREAKFAST	YEH COLLEGE
8:45 am	DAY CAMPER CHECK IN	JADWIN GYM LOBBY
9:10am	TEAM ATTENDANCE	MAIN COURT
9:15 - 9:35am COURTS	DYNAMIC WARMUP - Positional Daily Vitamins	MAIN/SIDE
9:35am-10:00am	POSITIONAL WORKOUT DEMO	MAIN COURT
10:00am -10:30am	POSITIONAL SKILL STATIONS	MAIN/SIDE COURTS
10:30am - 10:35am	WATER BREAK	
10:35am - 10:55am	1V1 TOURNAMENT - ROUND 2	MAIN/SIDE COURTS
10:55am - 11:15am	RIDER SHOOTING - WHOLE CAMP	MAIN/SIDE COURTS
11:15am - 11:45am	GAME #3 (15-minute halves)	CHECK SCHEDULES
11:45 - 1:15pm	LUNCH	YEH angle
1:20-1:35pm	ATTENDANCE IN JADWIN / DYNAMIC	MAIN COURT
1:35pm-2:05pm	CAMP CORRAL DRILL!!	MAIN/SIDE COURTS
2:05pm – 2:25pm	3V3 TOURNAMENT ROUND 2 – CHAMPIONSHIP	MAIN/SIDE COURTS
2:25pm-2:30pm	WATER BREAK	
2:30pm – 3:00pm	COMPETITION FINALS	MAIN COURT
3:00pm - 3:30pm	CHAMPIONSHIP GAME	MAIN COURT
3:40 - 3:55pm	AWARDS, WRAP UP, DISMISSAL -	JADWIN