## **2025 TIGER ELITE CAMP 1**

DAY 1 - Saturday,	JUNE 21st
-------------------	-----------

Time	Description	<u>Location</u>
8:30 – 9:45am	OVERNIGHT CAMPER CHECK-IN & REGISTRATION	
9:45am	DAY CAMPER CHECK-IN & REGISTRATION	JADWIN GYM LOBBY
10:00am	ALL CAMPERS REPORT TO JADWIN 2 waves from dorms - 9:40a and 9:50a	
10:15 – 10:30am	WELCOME/CAMP INTRO	MAIN COURT
10:30 - 10:40am	DYNAMIC WARMUP WITH PRINCETON PLAYERS	MAIN COURT
10:45 – 11:35am	OFFENSIVE SKILL STATIONS - 2 teams and 2 hoops per station 10 min/stations, 5 minute water break after station 2 & 4	
11:35 – 11:40am	TEAM WARM UP	CHECK SCHEDULE
11:40 - 12:10pm	EVALUATION GAMES	
12:15 - 1:15pm	LUNCH	YEH COLLEGE
1:25pm	ATTENDANCE IN JADWIN. FINALIZE TEAMS.	JADWIN GYM
1:35 - 2:00pm	DEFENSIVE LECTURE & DEMO	MAIN COURT
2:00 - 2:30pm	STRETCH & DEFENSIVE STATIONS	CHECK SCHEDULE
2:35 - 2:50pm	TEAM WARM UP & PRACTICE	CHECK SCHEDULE
2:50 – 3:30pm	GAME #1	
3:30 – 3:45pm	3 POINT SHOOTING DRILLS DEMO	MAIN COURT
3:45 - 4:25pm	SHOOT COMPETITION / FACILITIES TOUR	MAIN/SIDE COURTS
4:30 – 5:00pm	Game #2	CHECK SCHEDULE
5:00pm	WALK TO DINNER	
5:15 - 6:15pm	DINNER	YEH COLLEGE
6:30 - 7:00pm	HIGHLIGHT VIDEO / Q&A WITH TIGERS	JADWIN BLEACHERS
7:10 – 7:20 pm	3V3 TOURNAMENT INTRO & DEMO	MAIN COURT
7:20 – 7:45pm	3V3 TOURNAMENT – 6 Hoops	MAIN/SIDE COURTS
7:45pm	ANNOUNCEMENTS & DISMISSAL FOR DAY CAMPERS	JADWIN LOBBY
8:00pm	WAWA RUN - on walk back to dorms	
10:00pm	LIGHTS OUT - ROOM/NOISE CHECKS	

## **2025 TIGER ELITE CAMP 1**

DAY 2 - Sunday, June 22nd

<u>Time</u> 7:15am	Description WAKE UP	Location
7:45am	HEAD TO BREAKFAST	
/:45am	HEAD TO BREAKFAST	
8:00-8:45am	BREAKFAST	YEH COLLEGE
8:45 am	DAY CAMPER CHECK IN	JADWIN GYM LOBBY
9:15am	TEAM ATTENDANCE & DYNAMIC WARMUP	MAIN COURT
9:20 - 9:45am	POSITIONAL WORKOUT DEMO	MAIN COURT
9:45 - 10:20am	POSITIONAL SKILL STATIONS	ALL COURTS
10:25am	GAME #3 (15-minute halves)	CHECK SCHEDULES
11:10am - 11:30am	1V1 DEMO & TOURNAMENT (8 hoops - 4 per division) DYNAMIC AS WHOLE CAMP PRIOR TO PLAYING	MAIN/SIDE COURTS
11:45 - 12:45pm	LUNCH	YEH COLLEGE
12:45pm - 1:30 PM	CAMPUS TOUR	
1:30pm	ATTENDANCE IN JADWIN / DYNAMIC	
1:40 - 2:30pm	GAME #4 (15-minutes halves)	CHECK SCHEDULE
2:30 - 3:00pm	COMPETITION FINALS • 3v3 - top 5 teams (8 minutes) • 1v1 - top ~6 players (6 minutes) • Ionescu shooting comp - top 8 (8 minutes)	MAIN COURT
3:00 - 3:40pm	ALL-STAR GAME	
3:40 - 3:55pm	AWARDS, WRAP UP, DISMISSAL - Jadwin for all campers	