# **PRINCETON UNIVERSITY**

# **BOYS CROSS COUNTRY CAMP**

### **BOYS CROSS COUNTRY CAMP**

July 13 -July 16, 2023

For day campers the fee includes instruction, lunch and a camp t-shirt. For overnight campers the fee includes instruction, meals, housing and a camp t-shirt.

#### Day 1

Day 1	
2:00p	Check-In
3:30p	Afternoon Training Session
<mark>5:00p</mark>	Day Campers Pick-Up at Jadwin Gym
5:30p	Dinner
7:30p	Evening Training Session
10:00p	Lights Out

#### Day 2 and Day 3

Day 2 ar	na Day 3
7:30a	Wake Up & Breakfast
8:30a	Day Campers Drop-Off at Jadwin Gym
9:00a	Morning Training Session
12:30p	Lunch
1:30p	Lecture
3:00p	Camp Activity
4:00p	Games / Free Time
5:00p	Day Campers Pick-Up at Jadwin Gym
5:30p	Dinner
7:30p	Evening Activity
10:00p	Lights Out

### **Day 4: Final Day of Camp**

<b>11:00</b> a	Check-Out and Pick-Up from dorms for Overnight Campers
9:00a	Morning Training Session
<mark>8:30a</mark>	Day Campers Drop-Off at Jadwin
7:30a	Wake Up & Breakfast

### **Boys Cross County Camp**

Princeton's Ivy League campus is one of the most beautiful and historic settings in the world and helps to enhance the Princeton Boys Cross Country Camp. The campus provides the opportunity for many spectacular runs on all-natural terrain. Springdale Golf Club, Battlefield, Institute Woods, and the Canal Path are just a few of the great places to run. Our world renowned campus facilities will also provide unbelievable venues for our supplemental training sessions. Ultimately our goal is to provide an amazing experience during the Boys Cross Country Camp.