Princeton Baseball Winter Elite Prospect Clinic

January 11, 2020

Saturday Schedule (9:00 AM to 4:00 PM)*

9:00 AM – 9:30 AM	Check-In
9:30 AM – 9:45 AM	Dynamic Warm Up
9:45 AM – 12:00 PM	Hitting Stations / Position Specific Instruction
12:00 PM – 1:00 PM	Lunch (please bring your own)
1:00 PM – 2:00 PM	Defensive Evaluations and 60 yd. Dash
2:00 PM – 3:00 PM	Hitting Evaluations
3:00 PM – 4:00 PM	Bullpens (Pitchers will receive Rapsodo Data)

All questions should be directed to Michael Russo at mike.russo@princeton.edu

*This schedule is subject to change.